

## **TUESDAY, January 07, 2025 (12:00 PM)**

#04 MSFV General Meeting MEETING Location: Miami Shores Country Club

Called to Order: 11:48 PM

Adjourned: ~1:00 PM

## 1. Welcome & Opening Activities - Susanne Rice

- Pledge of Allegiance:
- **Invocation:** Susanne Rice read from *The Gift of Friendship* 
  - Lisa DePriest absent

### 2. Member Updates - Linda Cabassa

- Birthdays Recognized for the moth of January
- New Members Announced

### 3. Meeting Minutes Approval - Kendra Borja

### 4. Old Business

- Reminder: Susanne Rice emphasized the importance of attendance for voting eligibility
- Announcements Susanne Rice:
  - Susan Ackley passed away
  - O Virginia Taylor continues to recuperate
- Committee Chair Opening: Historian position available
- Sponsor Update: Letter from Tropical Chevrolet was read

#### 5. New Business

- Hero's Luncheon Committee: Volunteers needed
- Fundraising Initiatives:
  - Birthday GoFundMe link to be created
  - O Facebook non-profit fundraiser for Give Miami Day
  - o GoFundMe page to share externally
  - O Honey Baked Ham fundraiser announced; Kendra to manage orders

### 6. Treasurer's Report - Jacqueline Murdocco

- **Current Balance:** ~\$18,000 in the bank
- Charity Goals:
  - Allocate 60% to charitable causes

- O Plans for 20 grants
- Plans for 4 scholarships
- Next Steps: Finalize figures in upcoming budget meeting To be scheduled

## 7. Speaker Presentation (Introduced by Liangy Calli: Sandi Dioli Kumm)

- **Topic:** A Senior Moment: Services, Support and How You Can Help.
- Key Highlights:
  - Assistance for seniors aging in place
  - O Programs for frozen meals (~\$6K annually for one person), hot meals, and breakfast
  - O Transportation services and social resources
  - o Importance of maintaining social engagement and exercise
  - o Encouragement to seek assistance without stigma
  - O Tips for seniors: adaptive aids, clear communication, estate planning resources, and staying connected
  - Speaker Insights and Recommendations
    - Seniors benefit from maintaining purpose and independence
    - Aging successfully requires proactive planning
    - Importance of documenting passwords and having them updated regularly
    - Building community and support systems for seniors

# 9. Closing Activities - Susanne Rice

• Presentation of Certificate to Speaker

# 10. Closing Activities - Susanne Rice

• President Susanne Rice adjourned the meeting at 1:10 PM.